

Ask Allaah and seek the help of Allaah

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asaheeha translations

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allaah, the Most Merciful, the Bestower of Mercy

“If you ask, then ask Allaah; and if you seek help, then seek the help of Allaah”¹

Shaykh ‘Abdul-Muhsin al-‘Abbaad (May Allaah the Most High preserve him) comments:

“He is the One in whose Hand is everything, and He is the One in whose Hand is giving and preventing; there is none to prevent what He gives and none to give what He prevents. So let a person ask Allaah (The Mighty and Majestic), the One in whose Hand is everything, and He is the One who gives the khayr (good) and He gives generously by way of a means and without any means. And (with regard to) the means that brings the khayr to a person, Allaah (The Most High), He is the One who facilitates it, and He is the One who subjects the one who is a means with respect to that to do good to him.

So Allaah’s (The Mighty and Majestic) favouring and doing good for His slave can happen by what He generously grants and bestows without there being any means, such as rain and (other) blessings from Allaah (The Mighty and Majestic); and likewise, the khayr may reach a person by way of a means, which is that Allaah subjects another person to feel compassion for him and to do good to him and that whatever has good and benefit for him happens to him from (this person). And all of that is from Allaah (The Mighty and Majestic), because if Allaah did not make the heart of this person – who Allaah made a means – to soften for you and feel compassion for you, then what happened to you from him would not have taken place. Thus, all of it is from Allaah (The Mighty and Majestic), whether by way of a means or without any means.

Seek the help of Allaah with regard to your affairs and whatever wish you need and whatever difficulty you fear. Seek the help of Allaah (The Mighty and Majestic) to bring all the khayr and to be saved and safe from all evil. Seek the help of Allaah, because if there are means but Allaah does not will nor give success for the realisation of what a person wants, then indeed it will fail to come and it will not happen. Hence, all of the affair is in the Hand of Allaah (The Mighty and Majestic).”

¹ Saheeh at-Tirmidhee no.2516