

## The first type of sabr

Translated by Abu Abdirrahmaan Nasser ibn Najam

Taken from the works of Shaykh Muhammad ibn Saalih al 'Uthaymeen (رَحْمَةُ اللَّهِ)

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

With regards to the first of the three types of sabr, Shaykh Muhammad ibn Saalih al 'Uthaymeen (رَحْمَةُ اللَّهِ)<sup>1</sup> states:

And the people of knowledge say that sabr (patience) is of three types:

**The first:** patience upon (staying away) from disobedience to Allaah – meaning that you hold yourself back from doing that which is forbidden, even when there is reason present (why you might succumb to doing that).

And an example of that: a man's soul tells him to commit fornication – and Allaah's refuge is sought – then he holds himself back. So we say: this is patience in (staying away) from disobedience to Allaah.

And just as occurred to Yoosuf (عليه السلام)<sup>2</sup> with the wife of al 'Azeez. For the wife of al 'Azeez called him to herself – and Allaah's refuge is sought – in a circumstance which was more conducive to responding (to her) because she closed the doors and said, "Come here!" - meaning she was calling him to herself.

So he said, **"Indeed he (your husband) is my rabb - meaning my master. He made my living in a great comfort. Indeed the dhaalimoon will never be successful."**

Meaning if I betray him with regards to his wife, then I would be a dhaalim (oppressive evildoer).

And on account of the fervour of her request, he had desire for her, just as Allaah, the Mighty and Majestic, said:

**And indeed she desired him; and he would have inclined to her desire, had he not seen the evidence of his Lord.**

[Soorah Yoosuf (the 12<sup>th</sup> chapter) aayah 24]

So he had patience and he did not act (in a forbidden way) despite the strength of the caller and the absence of any preventing factors. And this is patience upon (staying away) from disobedience to Allaah.

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<sup>1</sup> (رَحْمَةُ اللَّهِ) (rahimahullaah) May Allaah the Most High have mercy on him

<sup>2</sup> (عليه السلام) (alaihis-salaam) Peace be upon him

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And just as the Prophet (صلى الله عليه وسلم)<sup>3</sup> informed of, with regards to the seven people whom Allaah will shade in His Shade on the Day when there is no shade except His Shade. And he mentioned that from them is

“...a man whom a woman of position and beauty beckons, so he says, “Indeed I fear Allaah”.

(“Sharh of al Arbaa’een an Nawaawiyyah of Muhammad ibn Saalih al ‘Uthaymeen (رَحْمَةُ اللهِ) p223 to 224)

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<sup>3</sup> (صلى الله عليه وسلم) (sallallaahu ‘alayhi wa sallam) May the peace and blessings of Allaah the Most High be upon him