

The heart

Shaykhul Islaam Ibn Taymeeyah (*May Allaah have mercy on him*)

[Kitaab al-Uboodiyah]

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allaah, the Most Merciful, the Bestower of Mercy

The heart is inherently dependent on Allaah in two ways: from the point of view of worship, which is the ultimate goal, and from the point of view of seeking His help and relying upon Him, which are the means to that end.

The heart cannot be sound, or succeed, or find joy, or be happy, or feel pleasure, or be good, or be at peace, or find tranquillity, except by worshipping its Lord, loving Him and returning to Him.

Even if it attains all that it can enjoy of created things, it will not feel at peace or find tranquillity, because it has an inherent need for its Lord, for He is the focus of its worship, love and seeking, and this is the only way to attain joy, happiness, pleasure, peace and tranquillity.