

## Permission of using contraceptive pills

Shaykh Aboo `Abd-al-Mu`iz `Alee Farkous al-Qoobee

Article taken and slightly adapted from: ferkous.com

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allaah, the Most Merciful, the Bestower of Mercy

**Question:** It is commonly known that the woman during pregnancy undergoes changes that affect badly her behaviour and could thus lead to disagreement between her and her husband's family (because she lives with them in the same house); especially during the first year of her marriage, (there are similar cases which occurred).

So, is it permissible to use the pills in order to prevent pregnancy in the first year of her marriage in order to know her husband's family and vice versa?

**Answer:** All praise is due to Allaah, the Lord of the Worlds. Peace and blessing be upon whom Allaah sent as a mercy to the Worlds, upon his Family, his Companions and his Brothers until the Day of Resurrection.

Know that the principle in marriage is to fulfil Allaah's Way with His creatures and universe; it is the way chosen by Allaah for the reproduction and the continuity of life. This is stated by Allaah's عَزَّ وَجَلَّ saying:

وَمِنْ آيَاتِهِ أَنْ خَلَقَ لَكُمْ مِنْ أَنْفُسِكُمْ أَزْوَاجًا لِتَسْكُنُوا إِلَيْهَا وَجَعَلَ بَيْنَكُمْ مَوَدَّةً وَرَحْمَةً إِنَّ فِي ذَلِكَ لَآيَاتٍ لِقَوْمٍ  
يَتَفَكَّرُونَ

[And among His Signs is this, that He created for you wives from among yourselves, that you may find repose in them, and He has put between you affection and mercy. Verily, in that are indeed signs for a people who reflect.]<sup>1</sup>

He عَزَّ وَجَلَّ also said when speaking about the Messengers and Prophets whose tradition and guidance should be followed:

وَلَقَدْ أَرْسَلْنَا رُسُلًا مِنْ قَبْلِكَ وَجَعَلْنَا لَهُمْ أَزْوَاجًا وَذُرِّيَّةً

[And indeed We sent Messengers before you (O Muhammad صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ), and made for them wives and offspring.]<sup>2</sup>

<sup>1</sup> Soorah ar-Room[30:21]

<sup>2</sup> Soorah ar-Ra'd [13:38]

## Permission of using contraceptive pills

Allaah عزَّ وجلَّ also said when mentioning His Grace He bestowed upon His creatures:

وَاللَّهُ جَعَلَ لَكُمْ مِنْ أَنْفُسِكُمْ أَزْوَاجًا وَجَعَلَ لَكُمْ مِنْ أَزْوَاجِكُمْ بَنِينَ وَحَفَدَةً وَرَزَقَكُمْ مِنَ الطَّيِّبَاتِ

[And Allaah has made for you wives of your own kind, and has made for you, from your wives, sons and grandsons, and has bestowed on you good provision.]<sup>3</sup>

Moreover, the Prophet صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ said: "**Marry the loving and fertile woman, for I will be proud of your great numbers before the nations on the Day of Resurrection**"<sup>4</sup>.

Hereupon, one should not refrain from these legislated wisdoms as regards conjugal relationships unless there is a legal proof that a corporal harm touches the wife due to pregnancy or touches the children in general. In such case, it is permissible to use these contraceptives exceptionally from the previously established principle. As for the mentioned reason in the question, it is not correct to except it from the aforesaid rule, and Allaah عزَّ وجلَّ knows best.

Allaah عزَّ وجلَّ knows best what is true. Our last prayer is all praise is due to Allaah, the Lord of the Worlds. Peace and blessing be upon our Prophet صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ, his Family, his Companions and Brothers till the Day of Resurrection.

---

<sup>3</sup> Soorah an-Nahl [16:72]

<sup>4</sup> Reported by Ibn Hibbaan in his "Saheeh" (hadeeth 1228), Ahmad in his "Musnad" (hadeeth 12948), At-Tabaraanee in "Al-Aussat" (1/1/163), Sa'eed Ibn Mansoor in his "Sunan" (hadeeth 490), Al-Baihaqee in "As-Sunan Al-Kubra" (hadeeth 13858), from the hadeeth of Anas رَضِيَ اللهُ عَنْهُ. This hadeeth is also reported by Aboo Dawood in the chapter of "Marriage" (hadeeth 2050), An-Nasaa'ee, chapter of "Marriage" (hadeeth 3227), Al-Mahaamili in "Al-Amaali" (hadeeth 21) from the hadeeth of Ma'qil Ibn Yassaar رَضِيَ اللهُ عَنْهُ. This hadeeth is judged Hassan (good) by Al-Haythami in "Majma'Az-Zawaa'id" (4/474) and judged authentic by Ibn Hajar in "Fath Al-Baaree" (13/293) and Al-Albaanee in "Al-Irwa'" (hadeeth 1784) and in "Aadaab Az-Zifaaf" (page: 132).