

## Pills to prevent menses in order to perform fasting

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allaah, the Most Merciful, the Bestower of Mercy

**Question:** What is the ruling regarding taking the pills that prevent menses during Ramadhaan in order to fast the whole month, without resorting to making up fasting?

**Answer:** All praise is due to Allaah, the Lord of the Worlds. Peace and blessing be upon whom Allaah sent as a mercy to the Worlds, upon his Family, his Companions and his Brothers till the Day of Resurrection.

The considered opinion is that the woman keeps her nature, without using the pills that delay menses in order to perform fasting. She is rewarded for her worship by not fasting and not doing other acts of worship, due to menses, which are predestined by Allaah عَزَّ وَجَلَّ. She will not miss the reward by Allaah's Will. She will worship Allaah عَزَّ وَجَلَّ later by making up fasting, knowing that Dhikr (remembrance of Allaah), which is one of the best actions, is allowed for her during menses, as the Prophet صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ was used to remember Allaah عَزَّ وَجَلَّ in all cases<sup>1</sup>. In case she used the pills and fasted, her fasting, then, is correct and she does not have to make it up.

The perfect knowledge belongs to Allaah سبحانه وتعالى. Our last prayer is all praise is due to Allaah, the Lord of the Worlds. Peace and blessing be upon our Prophet, his Family, his Companions and his Brothers till the Day of Resurrection.

Algiers, Jumaadaa Ath-Thaaniya 1st 1429H Corresponding to June 5th, 2008

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<sup>1</sup> Reported by Muslim in his "Saheeh"; chapter of menses; about the remembrance of Allaah in case of Janaaba (major ritual impurity) and other cases (hadeeth 826), and Aboo Dawood in his "Sunan"; chapter of purification; about the remembrance of Allaah by a person in case of impurity (hadeeth 18), and At-Tirmidhee in his "Sunan", chapter of invocations; concerning what is reported about answering the Muslim's invocation (hadeeth 3384), and Ibn Maajah in his "Sunan"; chapter of purification; concerning the remembrance of Allaah when relieving oneself and putting the ring when relieving oneself (hadeeth 302), and Ahmed in His "Musnad " (hadeeth 23889) according to the hadeeth reported by `A'ishah رضي الله عنها.